COLLEGE OF NURSING

ST. MARTHA'S HOSPITAL

PROSPECTUS

2021 - 2022

COLLEGE OF NURSING, ST. MARTHA'S HOSPITAL,
No.5, Nrupathunga Road,
BENGALURU- 560001

Managed by Sisters of the Good Shepherd

Address and Phone Numbers for Admission Correspondence

PRINCIPAL
COLLEGE OF NURSING,
ST. MARTHA'S HOSPITAL,
No. 5, NRUPATHUNGA ROAD,
BENGALURU- 560001

PHONE NO: 080- 40128265/ 40128213/ 22293669/ 9449121971

Website: www.stmarthasnursingcollege.com
e-mail: admission@stmarthasnursingcollege.com

COLLEGE
AND
SCHOOL OF NURSING,
ST. MARTHA'S HOSPITAL
No. 5, NRUPATHUNGA ROAD, BENGALURU- 560001.

(Recognised by the Indian Nursing Council, Karnataka State Nursing Council and certified as a Religious Minority Institution by the Karnataka Government)

INTRODUCTION

The School of Nursing, St. Martha's Hospital was started in the year 1933 by the Sisters of the Good Shepherd. It was upgraded to the College of Nursing in the Year 1998 offering both Degree & Diploma Courses in Nursing. The School is affiliated to the Karnataka State Diploma in Nursing Examination Board and the College of Nursing is affiliated to the Rajiv Gandhi University of Health Sciences, Karnataka and recognised by the Indian Nursing Council and the Karnataka State Nursing Council.

Since its inception in 1933, it has trained thousands of nurses whose skills and competence have won praise not only India but in many countries abroad.

St. Martha's Hospital, run by the Sisters of the Good Shepherd, is a Catholic, voluntary and charitable Institution. It is a well-equipped Multi Specialty Hospital with 500 beds. Apart from the Specialty services, the Hospital also provides 24 hours Casualty and Pharmacy services, full-fledged diagnostic services and Community Health department with various outreach program designed for the economically weaker sections of the Society. Its objectives are to serve the sick and suffering and to restore them to complete physical, mental, social & spiritual health. The Sisters of the Good Shepherd have been striving unceasingly in their chosen mission of mercy and reconciliation which involves, in particular, helping the young girls and women in distress to become self-supporting and to regain their self- respect.

HISTORICAL BACKGROUND

St. Martha's Hospital was started in Bengaluru in 1886 by the Congregation of Our Lady of Charity of the Good Shepherd (known as Sisters of the Good Shepherd) on an extensive piece of land gifted to them in 1884 by the Government of the Maharaja of Mysore in appreciation of their services to the sick and suffering during a time of plague and famine.

The congregation of Our Lady of Charity of the Good Shepherd was founded in Angers, France, in 1835, by a French nun, Sr. Mary Euphrasia Pelletier, mainly to deal with the moral and social problems thrown up by the French Revolution, such as large numbers of homeless children, marginalized women, and young girls. She gave the Congregation the name "Sisters of the Good Shepherd", inspired by the biblical parable of the Good Shepherd, who left the 99 sheep of his fold to seek and find the one sheep that was lost. A woman of great vision, strength and will, she was also a highly compassionate and resourceful innovator who found ways and means to help the helpless, driven by a deep religious faith and a dynamic understanding of fellow human beings.

VISION:

Animated by the spirit of Jesus the Good Shepherd, we strive to bring healing and wholeness to individuals, families and communities through the training of nurses who are committed, competent and compassionate.

MISSION STATEMENT

To build on the foundations of respect and human dignity, a conducive environment for learning, practice and research that ensures the professional, academic and spiritual growth of the student nurses, thereby empowering them to excel clinically, rooted in the compassionate love of Jesus the Good Shepherd.

CORE VALUES

S – Social responsibility & accountability

M – Mutual respect

H- Honesty and Integrity

C – Collaborative and diverse learning environment

O - Optimizing the potentials of individual students

N – Nurturing and promoting leadership qualities

PHILOSOPHY

The Philosophy of the College of Nursing, and the School of Nursing, St. Martha's Hospital, is stated below:

Man, created in the image of God, and the highest being in creation, is unique, has intrinsic value and is worthy of respect. His ultimate happiness is in the possession of God his Creator. He has physical, psychological, spiritual and

social needs. The meeting of these needs results in a healthy and integrated person.

As a service, nursing must relate to the whole person through a ministry of caring and nurturing. Nursing should assist individuals; families and communities, wherever they are, to prevent illness, promote and restore health and alleviate suffering. The unique characteristics of the training imparted in this institution is that it seeks to imbue the nurses with the spirit of Jesus the Good Shepherd, more especially, His compassionate love for the poor, the lonely, the lost and those in need of healing.

OBJECTIVES OF EDUCATIONAL PROGRAMME

Animated by, and imbued with, Christian principles, the College and the School aim at achieving the following objectives:

1. Instilling and developing in the students an aptitude for Nursing and providing them with necessary knowledge and skills for delivering comprehensive nursing care to patients/ families.

2. Developing a team spirit by working with other members of the health team in the promotion of health, prevention of illness, restoration of health and alleviation of suffering.

3. Creating in the students an awareness of the social and, at the same time, unique nature of each individual, considering her as a person, as part of a family unit and as a member of society at large

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4. Awakening in the students a desire to serve their country and orienting them to an awareness of the health needs of the rural population and their own role in working to meet these needs.

5. Developing in the students qualities of personal, intellectual, and professional leadership, as also decision- making abilities in varying situations, as well as skills in teaching and management.

6. Imparting a Christian orientation to the thinking and outlook of the students in caring for the sick and inculcating in them an understanding of the principles and practice of Catholic Medical Ethics.

7. Stimulating a desire for further study in advanced fields of the nursing profession.

Courses Offered

Sl. No.	Courses	Duration	Eligibility
1	**Diploma in General Nursing & Midwifery (GNM)**	**3 Years**	**+2 with any group**
2	**B.Sc. Nursing**	**4 Years**	**+2 with Science group**
3	**M.Sc. Nursing**	**2 Years**	**B.Sc. OR PB B.Sc.**
4	**Nurse Practitioner in Critical Care (NPCC)**	**2 Years**	**B.Sc. OR PB B.Sc. with 1 year experience**

OBJECTIVES

The main objectives of the Degree and Diploma Courses are to prepare the students through appropriate educational programme and clinical training to assume, in due course, responsibilities as professional nurses in the primary, secondary and tertiary levels of care of the sick and build them up mentally, emotionally and physically, through guidance and supervision, for such responsibilities, also to make the future educators and leaders in the field of Nursing.

Admission is open only to unmarried women. Special consideration will be given to Catholics and especially religious sisters.

ELIGIBILITY CRITERIA

Candidates should be

a) Not less than 17 years of age.
b) Physically, mentally and medically fit
c) Passed +2/ 2nd PUC with Science group (having compulsory subjects of Physics, Chemistry and Biology) scored minimum of 50% marks to apply for B.Sc. Nursing Degree Course.
d) Passed +2/ 2nd PUC with any group scored minimum of 45% marks to apply for Diploma in General Nursing & Midwifery Course.
e) **NRI /Foreign Students** should have **EQUIVALENCE CERTIFICATE** obtained from **ASSOCIATION OF INDIAN UNIVERSITIES, NEW DELHI,** in addition with the above requirements.

ISSUE OF APPLICATIONS

- The Application forms can be filled & submitted online through the College website **www.stmarthasnursingcollege.com** on payment of

  Rs. 600/- for B.Sc. Nursing Degree Course
  &
  Rs. 400/- for Diploma in GNM Course

SELECTION PROCESS

B. Sc. Nursing Course

When the Candidates get their +2/2nd PUC results, they need to scan and send the copy of their +2/2nd PUC Marksheets to the admission mail ID "admission@stmarthasnursingcollege.com". On receipt of the +2/2nd PUC marksheets, the eligible candidates will be intimated personally, the status of their admission.

Selection of Candidates are purely based on merit. **Donations/ Agents** are not entertained. The Name of the Candidates selected for the Course will be announced in the College Website/Notice board. The selected candidates need to accept their seat with in 3 days by paying **Rs. 60,000/-** which is considered as part of the first year fee payable to the College. **(No claim for refund of the fees will be entertained at any grounds)** and submitting their following Original documents

a) SSLC/ CBSE/ ICSC and PUC Examinations Certificates with Marks Lists.
b) Transfer Certificate.
c) Character and Conduct certificates from the Head of the educational institution last attended
d) Migration Certificate **(Only for Non-Karnataka Candidates)**
e) Equivalence Certificate **(Only for NRI/Foreign Candidates)**
f) Copy of Aadhar Card

Diploma in General Nursing & Midwifery (GNM) Course – Online Admission

The provisional admission of the Candidate will be made based on the +1/1st PUC results/marksheet for the Course. When the Candidates get their +2/2nd PUC results, they need to send the copy of their +2/2nd PUC Marksheets to the College admission mail Id "admission@stmarthasnursingcollege.com". On receipt of the +2/2nd PUC marksheets, the eligible candidates admission will be confirmed

The provisionally Selected Candidates should accept the admission by paying **Rs. 30,000/-** which is considered as part of the first year fee payable to the College. .

The Selected Candidates will be intimated personally the date of the commencement of the Course

At the time of admission the Candidates are required to produce the following documents in **original.**

a) SSLC/ CBSE/ ICSC and PUC Examinations Certificates with Marks Lists.
b) Transfer Certificate.
c) Character and Conduct certificates from the Head of the educational institution last attended
d) Migration Certificate (Only for Non-Karnataka Candidates)
e) Copy of Aadhar Card.

GENERAL INSTRUCTIONS

1. ELIGIBILITY FOR ADMISSION TO UNIVERSITY/BOARD EXAMINATION

Student must be regular and punctual at lectures, demonstrations, seminars, practical, field work and other academic exercises. They are required to attend all allotted working periods in each of the prescribed subjects.

Students whose conduct, or attendance, or progress is not satisfactory will not be allowed to appear for the University or Board Examination.

2. DISCONTINUATION OF THE COURSE

Fees once paid are not refundable. If a Candidate discontinues the course other than any medical ground, she needs to pay the fees of the entire course.

3. LEAVE

VACATION B.Sc., Nursing Students get their vacation according to the regulations of the University (RGUHS) and Diploma in General Nursing and Midwifery Course Students will get their vacation according to the regulations of the KSDNEB.

SPECIAL LEAVE Such leave will be granted in the case of serious illness or demise of immediate family members. The genuineness of the ground of leave must be certified to the satisfaction of the management. The period of the leave will be deducted from the annual leave..

4. UNIFORMS

Successful candidates will have to bear the expenses of their uniforms for duty in the Hospital and for Community Health postings. Arrangements for the Uniform will be made by the Institution.

5. DRESS CODE

Salwar Suit with dupatta for classes and Saree for special occasions.

6. MEMBERSHIP- SNA and CNGI

All the students are required to become active members of the Student Nurses' Association (SNA). Catholic students are expected additionally to become active members of the Catholic Nurses' Guild of India (C.N.G.I.). The membership fees payable are nominal.

7. STUDENTS' HEALTH PROGRAMME

A comprehensive health programme is available to all students. The preventive health programme includes physical examination and immunization. Students must undergo a complete health check- up on admission. During medical check-up, if the candidate is found medically unfit, such admission will be cancelled.

The students who are sick will be cared for in the infirmary or admitted to the Hospital. A team of doctors are assigned by the Hospital management to attend to the health needs of the student nurses.

STAY IN HOSTEL

List of articles to be brought along: with them at the time of admission

1. Wrist-watch with second hand ……..1
2. Bed sheets ……..4
3. Pillow cases ……..2
4. Blanket ……..1
5. Bath towels ……..2
6. Umbrella ……..1
7. Good lock with keys for cupboard ……..1
8. Coffee Mug/ Serving Plate ……..1
9. Toilet articles
10. Navy blue/black cardigan for duty wear during cold weather.

NOTE: Jeans/leggings and short tops are banned in the College/Hostel premises. Jewellery, valuables or large sums of money are not allowed to be kept in the hostel rooms. Management is not responsible for the lost of the same. **Parents/Guardians are requested to pay attention to it.**

LIVING AND RECREATIONAL FACILITIES

All students are expected to be resident in the Hostel which provides suitable accommodation with adequate facilities.

Out- door and in- door recreational facilities are available. A variety of recreational and cultural Programmes and social events are organized.

SPIRITUAL LIFE

As. St. Martha's College and School of Nursing is a Catholic Institution, Catholic students have the privilege of deepening their human and Christian values through daily Mass, other spiritual practices and Annual retreats.

HOSTEL REGULATIONS

All students shall be under the direct care and supervision of the Warden of the Hostel.

When a student is ill, she should report to the Hostel Warden/ Class Coordinator. **If a student is diagnosed with communicable disease, immediate arrangements should be made by the Parent/Local Guardian to take her home to provide further medical care**.

When a student is admitted at St. Martha's Hospital, Parents/Guardian need to make necessary arrangements to meet her needs in the hospital.

Students, whose parents reside in Bengaluru and Religious Sisters who have their Convents in Bengaluru are allowed twice a month for Overnight stay. They should obtain prior permission from the Warden.

Students, who are not localities, are permitted to visit their Local Guardian/ go for shopping once a month between 10.00 a.m. and 5.00 p.m. on their Day off with prior permission from the Warden.

Visitors are not entertained while on duty. All visitors should meet the students only in the hostel parlour on Saturday between 3-00 p.m. and 6-00 p.m. and on Sunday between 10-00 a.m. and 6-00 p.m.

Students are not allowed to entertain/visit the relatives of other students.

On off-days, students are not allowed to leave Bengaluru City without the written permission from the Principal.

SMOKING OR DRINKING anywhere in the Hospital or Hostel Premises is strictly forbidden.

Ragging in all its forms is banned as it is treated as a cognizable offence. Any student found guilty of ragging will be suspended and / or dismissed at the discretion of the Management.

Taking or administering any drug or one not authorized by competent authority is strictly forbidden. In order to curb such tendencies amongst the students it has been decided that **any student found in possession of any unauthorized drug will be summarily DISMISSED**.

In order to prevent fire hazards in the hostel living rooms. Use of electric stoves, immersion heaters, iron boxes and burning candles in the hostel living rooms are strictly forbidden. These articles may be used only in the areas specially provided for such purpose.

Cell Phones are allowed only on Sundays and on any emergencies. Possession or use of cell phones by students other than during the permissible period is strictly forbidden. A basic mobile set is encouraged than a window phone.

A student who has been warned in writing for indiscipline on three occasions will be liable for dismissal. However, where the act of indiscipline is serious, the student is liable for summary dismissal.

The Warden or any individual authorized by the Principal may check the rooms and cupboards of the residents at any time without any prior notice.

Students shall strictly adhere to the rules and regulations laid down by the authorities for the smooth functioning of the Institution, failure to do so, may considered as disrespect to the Institution and the authority and called for disciplinary action.

The final responsibility for the proper running and management of the Hostel lies with the Principal

STUDENT RELIGIOUS SISTERS

Attending prayers and spending sufficient time in personal prayer are mandatory. Sisters are expected to make their annual retreat during their holidays.

The religious habit of the sister should be adapted to meet the needs of the practical training.

Permission to leave the Hostel should be obtained from the Warden. If Sisters have made arrangements to stay in the houses of their Congregations in Bangalore during their off-duty days, this should be intimated when they join the Institution. Permission to visit relatives, friends, seminaries, colleges, houses of other congregations etc. should be obtained from their superiors.

Sisters will not be allowed to interrupt their studies to spend time preparing for their final vows and they are expected to participate fully in all the extra-curricular activities of the Institution.

AVAILABLE INFRASTRUCTURE

Land St. Martha's Hospital, to which the College of Nursing is attached has land with a total area of 59,093.4 square mts. The land available for the college covers 8,000 sq.mts.

Building and Facilities The College of Nursing is accommodated in a well-designed cement concrete building which has a total floor area of 7,667 sq. mts (82,500 sq.feet). with adequate classrooms, laboratories and other required facilities for the provided courses..

FEES

Particulars	B.Sc.	GNM
FEES PAYABLE TO COLLEGE **1.** Admission fee **2.** Tuition Fees **3.** Other Course fees	 5,000.00 42,000.00 31,800.00	 1,000.00 18,000.00 14,500.00
Total	**78,800.00**	**33,500.00**
UNIVERSITY FEES	6,200.00	-
GRAND TOTAL	**85,000.00**	**33,500.00**
FEES PAYABLE TO HOSTEL 1. Hostel Admission fee 2. Annual Accommodation charges	 1,000.00 24,000.00	 1,000.00 19,000.00
Total	**25,000.00**	**20,000.00**
ANNUAL MESS CHARGES	**27,500/-**	

No donations are accepted.

Agents are not entertained

NOTE:

1. All candidates must get immunized against Hepatitis 'B'/ Chicken pox at their own cost and produce the certificate at the time of admission.

2. The fees and charges, as stated above are subject to revision.

3. The various fees and charges once paid are **non- refundable**. No request for their refund will be entertained.

4. Payment of the fees and charges should be **transferred through NEFT/RTGS to the following Bank A/c.**

Name of the A/c. Holder	**Principal, College of Nursing, St. Martha's Hospital**
Savings Bank A/c. No.	**0961053000000017**
Name & Branch of the Bank	**South Indian Bank, St. Martha's Hospital Branch, Bengaluru.**
IFSC Code	**SIBL0000961**

ST. MARTHA'S COLLEGE ANTHEM

Alma Mater, I dedicate to thee-
"My youth, my truth, my loyalty,
Your name, your fame shall ever be
Glorious, fair, unsullied, to thee.
Dear Mater, hear my prayer!
I'll try to face life anew:
Mater, Alma Mater, to you, I'll be true.

To the old and to the young
In sickness or distress,
I'll do the best I Can
To help humanity
With courage and with strength
I'll try to face life anew;
Remembering always,
God will see me thro'.
Self-forgetful, serving all,
Pure and good and truthful too,
I pledge myself worthy of my school
To live the motto of 'Service to All'.